



CliftonStrengths® Top 5 for Amnah Abbad

This report presents your five most dominant CliftonStrengths revealed by your responses to the CliftonStrengths assessment. Use this report to learn more about these strengths, how they uniquely show up in your life and how you can use them to fulfill your potential.

1. Relator®

You enjoy close relationships with others. You find deep satisfaction in working hard with friends to achieve a goal.

2. Discipline®

You enjoy routine and structure. Your world is best described by the order you create.

3. Deliberative®


You are best described by the serious care you take in making decisions or choices. You anticipate obstacles.


4. Intellection®


You are characterized by your intellectual activity. You are introspective and appreciate intellectual discussions.


5. Analytical®

You search for reasons and causes. You have the ability to think about all of the factors that might affect a situation.

 **EXECUTING** themes help you make things happen.

 **RELATIONSHIP BUILDING** themes help you build strong relationships that hold a team together.

 **INFLUENCING** themes help you take charge, speak up and make sure others are heard.

 **STRATEGIC THINKING** themes help you absorb and analyze information that informs better decisions.



- 1. Relator
- 2. Discipline
- 3. Deliberative
- 4. Intellection
- 5. Analytical

You Are Uniquely Powerful

Your unique sequence of CliftonStrengths and the personalized Strengths Insights in this report are the result of your answers to the CliftonStrengths assessment.

We designed this report to help you learn more about your most dominant CliftonStrengths: what they are, how they interact and how to use them to succeed.

What do the colors mean?

Each of the 34 CliftonStrengths fits into one of four domains. These domains describe how CliftonStrengths helps you execute, influence others, build relationships, and absorb and think about information.

EXECUTING

- | Achiever
- | Arranger
- | Belief
- | Consistency
- | Deliberative
- | Discipline
- | Focus
- | Responsibility
- | Restorative

INFLUENCING

- | Activator
- | Command
- | Communication
- | Competition
- | Maximizer
- | Self-Assurance
- | Significance
- | Woo

RELATIONSHIP BUILDING

- | Adaptability
- | Connectedness
- | Developer
- | Empathy
- | Harmony
- | Includer
- | Individualization
- | Positivity
- | Relator

STRATEGIC THINKING

- | Analytical
- | Context
- | Futuristic
- | Ideation
- | Input
- | Intellection
- | Learner
- | Strategic



RELATIONSHIP BUILDING

1. Relator®

What Is Relator?

Relator talents describe a person's attitude toward their relationships. People with strong Relator talents are drawn to others they already know. They do not necessarily shy away from meeting new people — in fact, they may have other themes that cause them to enjoy the thrill of turning strangers into friends — but they do derive a great deal of pleasure and strength from being around their close friends. A person with strong Relator talents forms close relationships with people.

Why Your Relator Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Relator

Discipline

Deliberative

Intellection

Analytical

Because of your strengths, you probably have a special place in your heart for the times you spend with good friends. Whether frequent or seldom, those interactions are often when you build the memories that reinforce your friendships and help them continue to grow.

Chances are good that you experience pure delight when others welcome you into their group and encourage you to join in their activities. Financial security means little when you have no one with whom to share it. Being accepted for who you are and as you are is one of life's true treasures, in your opinion. Because it is priceless, you know it is very precious.

Instinctively, you don't mind spending time with acquaintances, but your closest friends are your greatest treasures. Being with those who know you best energizes you.

By nature, you thrive in settings where you can accomplish things. Of course, you have your own step-by-step way of performing repetitious tasks. As long as you can stick to your preferred plan of action, you usually enjoy handling the details and deadlines related to jobs, chores, projects, hobbies, assignments, or errands.

It's very likely that you feel upbeat and cheerful when you keep busy. Without question, you derive much satisfaction from producing tangible outcomes.



- 1. Relator
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How Relator Blends With Your Other Top Five Strengths

RELATOR + DISCIPLINE

You always seem to have time for your family and close friends because you intentionally schedule them on your calendar.

RELATOR + DELIBERATIVE

Trusting others takes some time for you because you trust only those you know well, and you are careful about who you get to know.

RELATOR + INTELLECTION

Even though you find solitude conducive for clarifying your thoughts, it will never take the place of being with your friends.

RELATOR + ANALYTICAL

You often bring facts and logic to your close relationships. You believe that intimacy and objectivity can coexist.

Apply Your Relator to Succeed

Make time for one-on-one interactions with your friends.

- Make sure you get enough one-on-one time with the important people in your life. Periodic opportunities to interact with them will energize you.
- Take time to tell others how your relationship with them creates happiness in your life. Ask them how it enhances their happiness. Doing this with each person will show you care about them.



EXECUTING

2. Discipline®

What Is Discipline?

People with strong Discipline talents thrive in an organized and orderly environment. They like their days to be predictable and planned, so they instinctively find ways to organize their lives. They set up routines. They focus on timelines and deadlines. They break long-term projects into a series of specific, short-term steps and follow their plan diligently. They are not necessarily neat and tidy, but they do need precision. They create order and structure where needed. Some people may label the highly disciplined as compulsive, meticulous or control freaks, but these attributes make them productive — often more so than their critics.

Why Your Discipline Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Relator	Discipline	Deliberative	Intellecion	Analytical
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Driven by your talents, you are hardwired to check and double check what you do and what you are accountable for doing. You probably want to make sure everything is done right. You automatically identify areas where you need to upgrade your skills for creating structure or putting things in order.

Instinctively, you sometimes feel excited about life once you have established or fine-tuned certain procedures. Perhaps these processes help you handle repetitious professional duties, academic assignments, or everyday chores.

It's very likely that you may prefer to set goals in an environment where most people agree to follow the procedures or rules. Perhaps knowing beforehand what to expect of others and what they expect of you makes the task a bit more enjoyable. When you are given the choice between order and chaos, you sometimes choose order. This partially explains why you become irritated with individuals who try to change procedures or make exceptions to the rules in the middle of meetings.

Chances are good that you may enjoy researching topics or doing your assignments. You might enjoy pondering key points or small details. To some extent, this approach clarifies and sharpens your thinking. Perhaps it permits you to base your ideas on good judgment, sound reasoning, or relevant evidence. When making presentations to individuals, you may give yourself more than adequate time to prepare.

Because of your strengths, you are impelled to coordinate the many details of your life. You consciously avoid chaotic situations. Often you mentally rehearse how you will maneuver around expected and unexpected situations. First, you outline steps for reaching goals. Second, you make whatever adjustments are needed as conditions change. You rarely lose sight of what you want to accomplish in the coming months, years, or decades.



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How Discipline Blends With Your Other Top Five Strengths

DISCIPLINE + RELATOR

You always seem to have time for your family and close friends because you intentionally schedule them on your calendar.

DISCIPLINE + DELIBERATIVE

You bring order to resources that are in your control, and you strive to anticipate risks that are beyond your control.

DISCIPLINE + INTELLECTION

When you reflect and muse, it is often productive because of the organization, routine, and precision of your thinking.

DISCIPLINE + ANALYTICAL

You love logic because it's objective, objectivity because it's orderly, and order because it's efficient.

Apply Your Discipline to Succeed

Look for places where you can bring structure and efficiency.

- Identify places in your life, workplace or community where you can create an orderly environment. Doing this will bring you joy while supporting those around you.
- Engage in planned conversations with your most trusted friends and partners. Creating a routine with them ensures that your relationships stay strong in a constantly changing world.



EXECUTING

3. Deliberative®

What Is Deliberative?

People with strong Deliberative talents are careful and vigilant. Everything may seem in order, but beneath the surface, they sense many risks. Rather than avoiding these hazards, they draw them out into the open so they can identify, assess and ultimately reduce each risk. Thus, those with strong Deliberative talents bring a thorough and conscientious approach to making decisions. They take care to consider options, thinking through the pros and cons of each alternative. To them, making the correct choice is more important than the time it takes to do so. They see life as something of a minefield. Others may run through it recklessly if they so choose, but those with Deliberative talents take a different approach. They identify the dangers, weigh these risks' relative effect and then place their feet deliberately. They walk with care.

Why Your Deliberative Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Relator

Discipline

Deliberative

Intellection

Analytical

Chances are good that you customarily remain silent rather than join conversations that involve the sharing of intimate or personal information. You generally try to change the topic altogether. When your attempts are unsuccessful, you are likely to excuse yourself from discussions about the upbringing, finances, problems, physical conditions, or mental health of yourself and other people.

By nature, you probably enjoy reading because it gives you so many topics to talk about other than yourself. Characteristically you prefer to discuss ideas rather than delve — that is, make a detailed search for information — into your own or another's personal life.

Driven by your talents, you make a point of reinforcing favorable results. You accentuate the good you see in others. You provide people with concrete and specific details about what they do well. You help them build on their talents. This, you contend, contributes to their continued success.

Instinctively, you might be choosy about the people you call "friend." Sometimes you want to know what makes an individual singular, distinct, or special. Perhaps you detect subtle differences or nuances — that is, slight or delicate variations — in the personality of each person you meet.

Because of your strengths, you might be known for weighing the pros and cons rather than rushing recklessly to conclusions. You often refrain from acting impulsively or making rash decisions.



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How Deliberative Blends With Your Other Top Five Strengths

DELIBERATIVE + RELATOR

Trusting others takes some time for you because you trust only those you know well, and you are careful about who you get to know.

DELIBERATIVE + DISCIPLINE

You bring order to resources that are in your control, and you strive to anticipate risks that are beyond your control.

DELIBERATIVE + INTELLECTION

Your introspective reflection enhances your self-awareness. Your vigilant anticipation enhances your risk awareness.

DELIBERATIVE + ANALYTICAL

You are serious-minded. You rely on quantification to validate existing theories and on calculation to minimize existing risks.

Apply Your Deliberative to Succeed

Take time to assess each situation — then act.

- Set aside time each day for yourself. Your thoughtful approach when considering options gives you the foresight to make wise decisions
- Think through the advantages and disadvantages when making important choices. To you, making the correct choice is more important than the time it takes to analyze the alternatives.



STRATEGIC THINKING

4. Intellection®

What Is Intellection?

People with strong Intellection talents like to think. They like mental activity. They like to exercise the “muscles” of their brain, stretching them in multiple directions. This need for mental activity may be focused; for example, they may be trying to solve a problem, develop an idea or understand another person’s feelings. The exact focus will depend on their other strengths. The theme of Intellection does not dictate what these people are thinking about; it simply describes that they like to think. They like to let their thoughts go in many directions. People with strong Intellection talents are introspective. This introspection gives them time to reflect and ponder. Wherever it leads them, their mental hum is a constant in their lives.

Why Your Intellection Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Relator

Discipline

Deliberative

Intellection

Analytical

Instinctively, you sometimes wish you could switch off your active brain. Even so, you may enjoy your time alone as you ponder ideas. Perhaps you want to test whether they make sense.

By nature, you are fascinated with reading, and your friends are likely to know it. This means you are a collector and keeper of interesting stories. Often people invite you to entertain them with the details of a book or a tale you have read.

Driven by your talents, you probably enjoy reading self-improvement books. Tips, exercises, suggestions, questions, or resource lists tend to capture your interest when the topic aligns with your needs. Using the information you collect, you frequently concentrate your mental and physical energy on performing a task or using a skill better than you ever have in the past.

It’s very likely that you occasionally like to read about major wars. While some people find this particular topic boring or irrelevant, you might be fascinated by it. If you read about a specific global conflict, you may be impelled to collect additional information. Maybe one book or article leads you to another. Sometimes when you read, you see the story of humankind unfolding before your eyes.

Because of your strengths, you probably enjoy the company of forward-looking individuals. They think about what the world will be like in the coming years, decades, or centuries. Undoubtedly, you read as much as you can about these people. In addition, you are likely to have studied in detail the books and articles they have authored.



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How Intellection Blends With Your Other Top Five Strengths

INTELLECTION + RELATOR

Even though you find solitude conducive for clarifying your thoughts, it will never take the place of being with your friends.

INTELLECTION + DISCIPLINE

When you reflect and muse, it is often productive because of the organization, routine, and precision of your thinking.

INTELLECTION + DELIBERATIVE

Your introspective reflection enhances your self-awareness. Your vigilant anticipation enhances your risk awareness.

INTELLECTION + ANALYTICAL

You seek understanding through deep and theoretical inquiry, and you validate truth through objective measurement.

Apply Your Intellection to Succeed

Make time to think by yourself and with others.

- Set aside a few minutes every day just to think. Doing this refines your ideas and sharpens your thinking.
- Identify topics that fascinate you and find a like-minded person to explore them with. Spend time delving into these topics with this person to stimulate your thinking even further.



STRATEGIC THINKING

5. Analytical®

What Is Analytical?

People with strong Analytical talents challenge others to prove it. They take a critical approach to what others might quickly accept as truth. They search for the reasons why things are the way they are. They want to understand how certain patterns affect one another: how they combine, the outcome and if the result fits with the theory or the situation. Others see them as logical and rigorous. Some might feel that they are negative or unnecessarily critical when they are simply trying to understand something. They bring an objective and dispassionate examination to things enabling them to find the causes and effects, and then developing clear thoughts based on facts.

Why Your Analytical Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Relator

Discipline

Deliberative

Intellektion

Analytical

It's very likely that you probably take calculated risks. You typically study the pros and cons of a situation and assess the consequences of an action. This thoughtful approach generally allows you to increase your number of successes.

Chances are good that you routinely compare your scores, ratings, or rankings to those of others. You probably are highly motivated to be the very best and win the topmost prize.

By nature, you normally launch projects with ease. You methodically identify pertinent facts and establish a step-by-step workflow. This probably is the way you prefer to reach desirable goals.

Driven by your talents, you probably examine facts, data, or the sequence of events to determine why something happened. You customarily use reason to make sense of whatever is going on in your life.

Because of your strengths, you carefully evaluate the pros and cons before making weighty decisions. You break situations, ideas, opportunities, or problems into their basic parts. The most appropriate course of action becomes apparent to you only after you have examined every angle, factor, or circumstance. Your methodical thinking process can take considerable time, especially when the subject is an unfamiliar one. You would be wise to tell others the speed at which your mind works. People need to understand how they personally benefit from the time you spend thinking through things.



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How Analytical Blends With Your Other Top Five Strengths

ANALYTICAL + RELATOR

You often bring facts and logic to your close relationships. You believe that intimacy and objectivity can coexist.

ANALYTICAL + DISCIPLINE

You love logic because it's objective, objectivity because it's orderly, and order because it's efficient.

ANALYTICAL + DELIBERATIVE

You are serious-minded. You rely on quantification to validate existing theories and on calculation to minimize existing risks.

ANALYTICAL + INTELLECTION

You seek understanding through deep and theoretical inquiry, and you validate truth through objective measurement.

Apply Your Analytical to Succeed

Find ways to express and put your thoughts into action.

- Find credible data and facts to help support your thinking. Use these sources of information to reinforce your thought process when talking with others.
- Provide simple, logical and objective advice to the people that matter most to you. Your ability to uncover the essential facts can transform complex situations into understandable actions.

What's Next?

Take these steps to start unlocking your full potential using your CliftonStrengths.



Learn to Use Your Dominant Strengths

Read about each of your top five CliftonStrengths in this report and reflect:

- What did you read that **inspires** you?
- What did you read that **surprises** you?
- What did you read that **excites** you?
- What did you read that **challenges** you?

Click [here](#) or scan the QR code to complete the following exercise for each of your top five CliftonStrengths:

Name It

- Pick one of your top CliftonStrengths.
- List the words or phrases you read about this strength that resonate strongly with you.

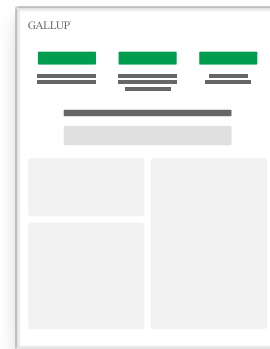
Claim It

- When has this strength helped you be successful in the past?
- How does this strength help you be successful in your role?

Aim It

- In what two ways could you start using this strength more intentionally right away?

Hint: Read the action items in this report and on your my.gallup.com dashboard for ideas.



[Click to View Activity](#)



Use Your Resources in Gallup® Access



Our dedicated platform is focused on helping you fulfill your potential using your CliftonStrengths.

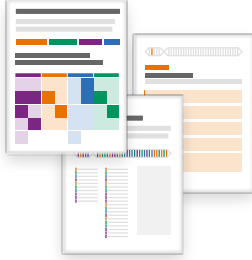
Click [here](#) or scan the QR code to sign in to your my.gallup.com account.

Inside, you'll find articles, videos, learning modules and other tools created specifically for your strengths-based development.



Explore All 34 of Your CliftonStrengths®

Already have your CliftonStrengths 34 report? Great! Take some time to explore your full results.



If you don't have it yet, [click here](#) or scan the QR code to learn how your CliftonStrengths 34 report can help you:

- reveal your complete talent profile of 34 CliftonStrengths
- learn how to use your top 10 CliftonStrengths to set and achieve goals
- navigate your 11-34 CliftonStrengths, including understanding and managing weaknesses

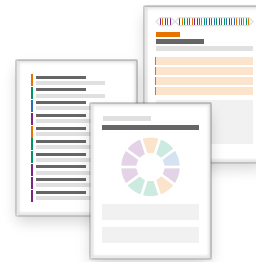


Apply Your CliftonStrengths® in Specific Roles

Take time to explore any role-based CliftonStrengths reports you already have.

If you don't have any, [click here](#) or scan the QR code to browse a range of reports tailored to specific roles and responsibilities.

We offer a suite of reports designed to help you use your CliftonStrengths to excel in various areas, whether it's in management, leadership or even as a student.



Engage in a Conversation About Your CliftonStrengths®



Share your CliftonStrengths results with the people closest to you, including your family, friends, coworkers and teammates.

Spend time talking about your CliftonStrengths with a coach, manager, mentor or adviser — someone invested in your personal and professional development.

[Click here](#) or scan the QR code for helpful ways to share and discuss your CliftonStrengths with others.

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