



CliftonStrengths® Top 5 for Saja AlMujwal

This report presents your five most dominant CliftonStrengths revealed by your responses to the CliftonStrengths assessment. Use this report to learn more about these strengths, how they uniquely show up in your life and how you can use them to fulfill your potential.

1. Relator®

You enjoy close relationships with others. You find deep satisfaction in working hard with friends to achieve a goal.

2. Deliberative®

You are best described by the serious care you take in making decisions or choices. You anticipate obstacles.

3. Harmony®

You look for consensus. You don't enjoy conflict; rather, you seek areas of agreement.

4. Discipline®

You enjoy routine and structure. Your world is best described by the order you create.

5. Competition®

You measure your progress against the performance of others. You strive to win first place and revel in contests.

EXECUTING themes help you make things happen.

INFLUENCING themes help you take charge, speak up and make sure others are heard.

RELATIONSHIP BUILDING themes help you build strong relationships that hold a team together.

STRATEGIC THINKING themes help you absorb and analyze information that informs better decisions.



- 1. Relator
- 2. Deliberative
- 3. Harmony
- 4. Discipline
- 5. Competition

You Are Uniquely Powerful

Your unique sequence of CliftonStrengths and the personalized Strengths Insights in this report are the result of your answers to the CliftonStrengths assessment.

We designed this report to help you learn more about your most dominant CliftonStrengths: what they are, how they interact and how to use them to succeed.

What do the colors mean?

Each of the 34 CliftonStrengths fits into one of four domains. These domains describe how CliftonStrengths helps you execute, influence others, build relationships, and absorb and think about information.

EXECUTING

- | Achiever
- | Arranger
- | Belief
- | Consistency
- | Deliberative
- | Discipline
- | Focus
- | Responsibility
- | Restorative

INFLUENCING

- | Activator
- | Command
- | Communication
- | Competition
- | Maximizer
- | Self-Assurance
- | Significance
- | Woo

RELATIONSHIP BUILDING

- | Adaptability
- | Connectedness
- | Developer
- | Empathy
- | Harmony
- | Includer
- | Individualization
- | Positivity
- | Relator

STRATEGIC THINKING

- | Analytical
- | Context
- | Futuristic
- | Ideation
- | Input
- | Intellection
- | Learner
- | Strategic



RELATIONSHIP BUILDING

1. Relator®

What Is Relator?

Relator talents describe a person's attitude toward their relationships. People with strong Relator talents are drawn to others they already know. They do not necessarily shy away from meeting new people — in fact, they may have other themes that cause them to enjoy the thrill of turning strangers into friends — but they do derive a great deal of pleasure and strength from being around their close friends. A person with strong Relator talents forms close relationships with people.

Why Your Relator Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Relator

Deliberative

Harmony

Discipline

Competition

Chances are good that you are regarded as a hard worker and a doer. You derive a lot of satisfaction from tackling projects without anyone interfering with your plans or second-guessing how you do things.

It's very likely that you like to partner with the same people over and over again. When you spend more time with your teammates, it probably is easier to pinpoint the unique talents, special interests, work styles, preferred forms of praise, or changing moods of each one.

By nature, you build deep relationships that last. The friends you have had the longest are your best friends.

Driven by your talents, you sense that you are already being as productive as you can be. You are meticulous — that is, you carefully and thoroughly consider all the details — when designing methods for managing your commonplace assignments. As a result, you probably can handle recurring tasks quite efficiently. Your well-defined tactics enable you to wisely use your time, energy, effort, and talents.

Because of your strengths, you are not interested in idle chit-chat. When gatherings are small, conversations are real. You want your interactions to matter.



1. Relator

2. Deliberative

3. Harmony

4. Discipline

5. Competition

How Relator Blends With Your Other Top Five Strengths

RELATOR + DELIBERATIVE

Trusting others takes some time for you because you trust only those you know well, and you are careful about who you get to know.

RELATOR + HARMONY

You value a peaceful and productive environment and foster it by building deep and authentic connections with people over time.

RELATOR + DISCIPLINE

You always seem to have time for your family and close friends because you intentionally schedule them on your calendar.

RELATOR + COMPETITION

You get better when you compare your performance to that of the people closest to you. Your best competitors are your best friends.

Apply Your Relator to Succeed

Make time for one-on-one interactions with your friends.

- Make sure you get enough one-on-one time with the important people in your life. Periodic opportunities to interact with them will energize you.
- Take time to tell others how your relationship with them creates happiness in your life. Ask them how it enhances their happiness. Doing this with each person will show you care about them.



EXECUTING

2. Deliberative®

What Is Deliberative?

People with strong Deliberative talents are careful and vigilant. Everything may seem in order, but beneath the surface, they sense many risks. Rather than avoiding these hazards, they draw them out into the open so they can identify, assess and ultimately reduce each risk. Thus, those with strong Deliberative talents bring a thorough and conscientious approach to making decisions. They take care to consider options, thinking through the pros and cons of each alternative. To them, making the correct choice is more important than the time it takes to do so. They see life as something of a minefield. Others may run through it recklessly if they so choose, but those with Deliberative talents take a different approach. They identify the dangers, weigh these risks' relative effect and then place their feet deliberately. They walk with care.

Why Your Deliberative Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Relator

Deliberative

Harmony

Discipline

Competition

It's very likely that you consider yourself a no-nonsense, practical thinker. Others have called your approach businesslike. You are apt to have a reputation for pointing out things others fail to notice.

By nature, you are a reserved individual. You choose to keep personal matters to yourself. This may partially explain why you launch projects that require little conversation about your experiences or successes.

Because of your strengths, you approach each day with a matter-of-fact and practical attitude. You expect to do your work flawlessly. You consistently strive to reach the high standards you have established for yourself. These usually are more stringent and detailed than those set for you by others.

Chances are good that you work diligently to separate your private life from your public life. You are a person with a reputation for being discreet — that is, careful about what you say. You intentionally avoid discussing your personal problems, successes, finances, work, or history.

Instinctively, you often are described as earnest and businesslike. Many individuals appreciate your methodical and unhurried way of processing facts or numerical data.



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- 2. Deliberative**
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How Deliberative Blends With Your Other Top Five Strengths

DELIBERATIVE + RELATOR

Trusting others takes some time for you because you trust only those you know well, and you are careful about who you get to know.

DELIBERATIVE + HARMONY

You improve collaboration by anticipating and avoiding issues that create unproductive emotional tension and friction.

DELIBERATIVE + DISCIPLINE

You bring order to resources that are in your control, and you strive to anticipate risks that are beyond your control.

DELIBERATIVE + COMPETITION

Your victories are often the result of making fewer mistakes. By anticipating what could go wrong, you can prevent it.

Apply Your Deliberative to Succeed

Take time to assess each situation — then act.

- Set aside time each day for yourself. Your thoughtful approach when considering options gives you the foresight to make wise decisions
- Think through the advantages and disadvantages when making important choices. To you, making the correct choice is more important than the time it takes to analyze the alternatives.



RELATIONSHIP BUILDING

3. Harmony®

What Is Harmony?

People with strong Harmony talents want peace and try to bring others together. In their view, little is gained from conflict and friction, so they seek to hold these to a minimum. Those with strong Harmony talents see what people have in common, even during conflict. They try to steer others away from confrontation and toward reconciliation. In fact, Harmony is one of their guiding values. They seek to help individuals, families and organizations work together. When others argue, they steer clear of the debate, preferring to talk about practical, down-to-earth matters that everyone can agree on.

Why Your Harmony Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Relator

Deliberative

Harmony

Discipline

Competition

Driven by your talents, you are excited when your work with others results in flawless outcomes, and you love the feeling of cooperation that comes from a job well done.

Because of your strengths, you are quite content when you have performed to the best of your ability. You trust yourself to evaluate the quality and the quantity of your work.

It's very likely that you may have a reputation for being matter-of-fact, objective, or practical in your approach to certain people or specific situations. When you have doubts about what to do, you might turn to reliable specialists for direction. Perhaps you avoid preconceived notions. Instead, you may listen to what others say, then choose the best course of action. You might give most ideas or suggestions equal consideration. While this process is lengthy, maybe you realize it is time well spent.

Instinctively, you periodically point out what is wrong. You might not spend much time considering projects that have little chance of success. Perhaps you zero in on certain kinds of difficulties, glitches, or obstacles as early as possible. When some issues are allowed to expand out of proportion, you might realize that specific people become short-tempered, annoyed, or disagreeable. Maybe you are determined to keep the peace by helping others examine the facts.

Chances are good that you are relieved and calm when teamwork progresses without obstacles. You love the feeling of camaraderie between you and your partners when your results feel effortless.



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How Harmony Blends With Your Other Top Five Strengths

HARMONY + RELATOR

You value a peaceful and productive environment and foster it by building deep and authentic connections with people over time.

HARMONY + DELIBERATIVE

You improve collaboration by anticipating and avoiding issues that create unproductive emotional tension and friction.

HARMONY + DISCIPLINE

You manage the important details of your life and the emotional variables of the groups you are in to foster efficiency.

HARMONY + COMPETITION

Your role in a victory is often shaped by your natural inclination to reduce conflict and increase cooperation.

Apply Your Harmony to Succeed

Help others manage conflict.

- Seek out and find areas of agreement in conflict. Help others see this practical side as the potential starting point for resolving the issue.
- Make collaboration easier by reminding others that a group's strength is the ability to respectfully bring up different ideas. At the same time, you help avoid contentious interactions by knowing what individuals are thinking before coming together in a group.



EXECUTING

4. Discipline®

What Is Discipline?

People with strong Discipline talents thrive in an organized and orderly environment. They like their days to be predictable and planned, so they instinctively find ways to organize their lives. They set up routines. They focus on timelines and deadlines. They break long-term projects into a series of specific, short-term steps and follow their plan diligently. They are not necessarily neat and tidy, but they do need precision. They create order and structure where needed. Some people may label the highly disciplined as compulsive, meticulous or control freaks, but these attributes make them productive — often more so than their critics.

Why Your Discipline Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Relator

Deliberative

Harmony

Discipline

Competition

Driven by your talents, you now and then start putting things in a sequential order. Sometimes you assess how the various elements or facts link with one another. Perhaps you use reason to make good judgments. These judgments might improve the planning process.

Because of your strengths, you sometimes streamline tasks a team needs to perform every day, week, month, or year. You might find efficiencies others overlook or fail to consider. You may show the group how to make better use of its human and material resources.

Instinctively, you may have a reputation for straightening up certain types of things such as your workstation, home, files, tools, storage areas, study notes, or important documents. Perhaps you have a detailed plan or a rotating schedule for cleaning, organizing, and maintaining your physical environment or your personal appearance.

It's very likely that you might give a little of your time and share a few of your thoughts to help others make good judgments. As a result, specific projects, processes or events may run a bit more smoothly for everyone involved.

By nature, you think more clearly when you can finish your assignments well ahead of schedule. You tend to become quite frustrated with individuals who constantly operate in a crisis mode. You resent having to interrupt your work or studies because someone else failed to anticipate everything that could go awry — that is, amiss or wrong.



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How Discipline Blends With Your Other Top Five Strengths

DISCIPLINE + RELATOR

You always seem to have time for your family and close friends because you intentionally schedule them on your calendar.

DISCIPLINE + DELIBERATIVE

You bring order to resources that are in your control, and you strive to anticipate risks that are beyond your control.

DISCIPLINE + HARMONY

You manage the important details of your life and the emotional variables of the groups you are in to foster efficiency.

DISCIPLINE + COMPETITION

Your victories are often related to the organized, precise, and detailed plans that you create and then execute.

Apply Your Discipline to Succeed

Look for places where you can bring structure and efficiency.

- Identify places in your life, workplace or community where you can create an orderly environment. Doing this will bring you joy while supporting those around you.
- Engage in planned conversations with your most trusted friends and partners. Creating a routine with them ensures that your relationships stay strong in a constantly changing world.



INFLUENCING

5. Competition®

What Is Competition?

Competition is rooted in comparison. For people with strong Competition talents, their performance is their ultimate yardstick. When they look at the world, they are instinctively aware of other people's performance. They aspire to be the best and will work hard to excel — especially when compared with others. It's not about the effort; it's about the win. Regardless of effort or intention, even if they reach their goal, their achievement will feel hollow if they did not outperform their peers. They need to compare. If they can compare, they can compete, and if they can compete, they can win.

Why Your Competition Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Relator

Deliberative

Harmony

Discipline

Competition

Because of your strengths, you draw all the inspiration you need from yourself when you challenge others for first-place honors. You probably are much less influenced by a caring, concerned, or friendly authority figure than many individuals are. You likely prefer to keep your eye on the top prize.

It's very likely that you rely on reason to make sense of facts, events, people's behavior, problems, or solutions. You consistently outmaneuver others when comparisons are being made between your results and theirs.

Chances are good that you exhibit a deep-seated desire to succeed. You intentionally and unapologetically strive for promotions, fame, or financial gain by showcasing your natural or acquired abilities. You often perform special tasks with apparent ease.

Driven by your talents, you generally put forth extra effort to be the best or to finish first. You certainly concentrate on using your skills, knowledge, talents, and physical traits. You also rely on people with special expertise. Their suggestions probably give you a distinct advantage over your opponents.

Instinctively, you aim to succeed, reach goals, make money, have power, or be famous. You are definite about what you want, expect, demand, or need. Your use of sophisticated words and complicated terminology captures and keeps people's attention. Usually your vocabulary sets you apart from others. In fact, what you say and how you say it can threaten or intimidate listeners when that is your intent.



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How Competition Blends With Your Other Top Five Strengths

COMPETITION + RELATOR

You get better when you compare your performance to that of the people closest to you. Your best competitors are your best friends.

COMPETITION + DELIBERATIVE

Your victories are often the result of making fewer mistakes. By anticipating what could go wrong, you can prevent it.

COMPETITION + HARMONY

Your role in a victory is often shaped by your natural inclination to reduce conflict and increase cooperation.

COMPETITION + DISCIPLINE

Your victories are often related to the organized, precise, and detailed plans that you create and then execute.

Apply Your Competition to Succeed

Identify scores against which you can measure your achievements.

- Measure your success in your most important tasks. Ask those around you for feedback to ensure you are not sacrificing relationships for the sake of winning.
- Find someone you admire to use as a standard for success. Comparing your progress against theirs will give you a measurement for winning you can be proud of.

What's Next?

Take these steps to start unlocking your full potential using your CliftonStrengths.



Learn to Use Your Dominant Strengths

Read about each of your top five CliftonStrengths in this report and reflect:

- What did you read that **inspires** you?
- What did you read that **surprises** you?
- What did you read that **excites** you?
- What did you read that **challenges** you?

Click [here](#) or scan the QR code to complete the following exercise for each of your top five CliftonStrengths:

Name It

- Pick one of your top CliftonStrengths.
- List the words or phrases you read about this strength that resonate strongly with you.

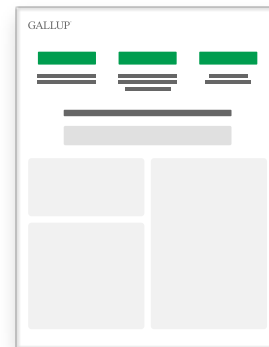
Claim It

- When has this strength helped you be successful in the past?
- How does this strength help you be successful in your role?

Aim It

- In what two ways could you start using this strength more intentionally right away?

Hint: Read the action items in this report and on your my.gallup.com dashboard for ideas.



[Click to View Activity](#)



Use Your Resources in Gallup® Access



Our dedicated platform is focused on helping you fulfill your potential using your CliftonStrengths.

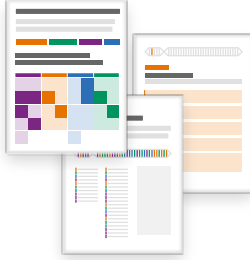
Click [here](#) or scan the QR code to sign in to your my.gallup.com account.

Inside, you'll find articles, videos, learning modules and other tools created specifically for your strengths-based development.



Explore All 34 of Your CliftonStrengths®

Already have your CliftonStrengths 34 report? Great! Take some time to explore your full results.



If you don't have it yet, [click here](#) or scan the QR code to learn how your CliftonStrengths 34 report can help you:

- reveal your complete talent profile of 34 CliftonStrengths
- learn how to use your top 10 CliftonStrengths to set and achieve goals
- navigate your 11-34 CliftonStrengths, including understanding and managing weaknesses

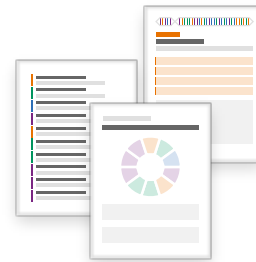


Apply Your CliftonStrengths® in Specific Roles

Take time to explore any role-based CliftonStrengths reports you already have.

If you don't have any, [click here](#) or scan the QR code to browse a range of reports tailored to specific roles and responsibilities.

We offer a suite of reports designed to help you use your CliftonStrengths to excel in various areas, whether it's in management, leadership or even as a student.



Engage in a Conversation About Your CliftonStrengths®



Share your CliftonStrengths results with the people closest to you, including your family, friends, coworkers and teammates.

Spend time talking about your CliftonStrengths with a coach, manager, mentor or adviser — someone invested in your personal and professional development.

[Click here](#) or scan the QR code for helpful ways to share and discuss your CliftonStrengths with others.

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