



CliftonStrengths® Top 5 for Abdullah Alruwail

This report presents your five most dominant CliftonStrengths revealed by your responses to the CliftonStrengths assessment. Use this report to learn more about these strengths, how they uniquely show up in your life and how you can use them to fulfill your potential.

1. Harmony®

You look for consensus. You don't enjoy conflict; rather, you seek areas of agreement.

2. Competition®

You measure your progress against the performance of others. You strive to win first place and revel in contests.

3. Empathy®

You can sense other people's feelings by imagining yourself in others' lives or situations.

4. Learner®

You have a great desire to learn and want to continuously improve. The process of learning, rather than the outcome, excites you.

5. Achiever®

You work hard and possess a great deal of stamina. You take immense satisfaction in being busy and productive.

■ **EXECUTING** themes help you make things happen.

■ **INFLUENCING** themes help you take charge, speak up and make sure others are heard.

■ **RELATIONSHIP BUILDING** themes help you build strong relationships that hold a team together.

■ **STRATEGIC THINKING** themes help you absorb and analyze information that informs better decisions.



- 1. Harmony**
- 2. Competition**
- 3. Empathy**
- 4. Learner**
- 5. Achiever**

You Are Uniquely Powerful

Your unique sequence of CliftonStrengths and the personalized Strengths Insights in this report are the result of your answers to the CliftonStrengths assessment.

We designed this report to help you learn more about your most dominant CliftonStrengths: what they are, how they interact and how to use them to succeed.

What do the colors mean?

Each of the 34 CliftonStrengths fits into one of four domains. These domains describe how CliftonStrengths helps you execute, influence others, build relationships, and absorb and think about information.

EXECUTING

- | Achiever
- | Arranger
- | Belief
- | Consistency
- | Deliberative
- | Discipline
- | Focus
- | Responsibility
- | Restorative

INFLUENCING

- | Activator
- | Command
- | Communication
- | Competition
- | Maximizer
- | Self-Assurance
- | Significance
- | Woo

RELATIONSHIP BUILDING

- | Adaptability
- | Connectedness
- | Developer
- | Empathy
- | Harmony
- | Includer
- | Individualization
- | Positivity
- | Relator

STRATEGIC THINKING

- | Analytical
- | Context
- | Futuristic
- | Ideation
- | Input
- | Intellection
- | Learner
- | Strategic



RELATIONSHIP BUILDING

1. Harmony®

What Is Harmony?

People with strong Harmony talents want peace and try to bring others together. In their view, little is gained from conflict and friction, so they seek to hold these to a minimum. Those with strong Harmony talents see what people have in common, even during conflict. They try to steer others away from confrontation and toward reconciliation. In fact, Harmony is one of their guiding values. They seek to help individuals, families and organizations work together. When others argue, they steer clear of the debate, preferring to talk about practical, down-to-earth matters that everyone can agree on.

Why Your Harmony Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Harmony

Competition

Empathy

Learner

Achiever

By nature, you generally put forth extra effort to be the best or to finish first. You certainly concentrate on using your skills, knowledge, talents, and physical traits. You also rely on people with special expertise. Their suggestions probably give you a distinct advantage over your opponents.

Instinctively, you choose to do just what is assigned to you each day. The measured yet consistent progress you make pleases you greatly. You have an ability to pay close attention to the task at hand. Knowing the expectations of others inspires you to concentrate your physical and/or mental energy on the right activities. When you and others finish your daily assignments, no one feels overworked.

Because of your strengths, you accomplish everything that others count on you to do.

Driven by your talents, you may have a reputation with some people for being good-natured and congenial. To a certain degree, you are comfortable welcoming diverse types of individuals into your life. Perhaps you invite some of them to join certain groups or participate in specific activities with you.

Chances are good that you have the ability to perform well and put the finishing touches on each day's tasks. You feel good when you do everything you have been assigned. You are hardwired to meet others' high standards. This is how you avoid having conflicts and disagreements with people.



- 1. Harmony
- 2. Competition
- 3. Empathy
- 4. Learner
- 5. Achiever

How Harmony Blends With Your Other Top Five Strengths

HARMONY + COMPETITION

Your role in a victory is often shaped by your natural inclination to reduce conflict and increase cooperation.

HARMONY + EMPATHY

Expressing emotions is natural and good. If strong emotions get in the way of group progress, you can manage them and reduce tension.

HARMONY + LEARNER

You believe the best educational environments are those characterized by conceptual variety and emotional stability.

HARMONY + ACHIEVER

You improve a team's productivity by working hard to manage the emotional tension that exists on every team.

Apply Your Harmony to Succeed

Help others manage conflict.

- Seek out and find areas of agreement in conflict. Help others see this practical side as the potential starting point for resolving the issue.
- Make collaboration easier by reminding others that a group's strength is the ability to respectfully bring up different ideas. At the same time, you help avoid contentious interactions by knowing what individuals are thinking before coming together in a group.



INFLUENCING

2. Competition®

What Is Competition?

Competition is rooted in comparison. For people with strong Competition talents, their performance is their ultimate yardstick. When they look at the world, they are instinctively aware of other people's performance. They aspire to be the best and will work hard to excel — especially when compared with others. It's not about the effort; it's about the win. Regardless of effort or intention, even if they reach their goal, their achievement will feel hollow if they did not outperform their peers. They need to compare. If they can compare, they can compete, and if they can compete, they can win.

Why Your Competition Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Harmony

Competition

Empathy

Learner

Achiever

Chances are good that you aim to deliver the best performance in specific areas. You use every bit of the knowledge, skill, talent, and energy you possess to snag the topmost prize. You probably let little, if anything, distract you from your goal.

By nature, you want many individuals to follow you. You hope they automatically regard you as the person in charge. After your results are compared to the outcomes of others, you want it to be clear to them that you are the very best. This probably is reason enough for them to give you their full allegiance.

Driven by your talents, you usually set out to be the very best, whether the contest is official or merely an invention of your mind. Your desire to get ahead in life impels you to regularly compare your results to those of others. You probably have questioned whether your yearnings for greatness are entirely healthy and wise.

Because of your strengths, you regularly fight to be "number one" in various activities in which you choose to participate. You probably spend very little time worrying about how others judge your win-lose approach to work, study, and play.

Instinctively, you really push yourself to be the best. You typically gain an advantage whenever you can dictate how the game will be played or how a project will be organized. You characteristically prefer to be the person in charge of your life.



- 1. Harmony
- 2. Competition**
- 3. Empathy
- 4. Learner
- 5. Achiever

How Competition Blends With Your Other Top Five Strengths

COMPETITION + HARMONY

Your role in a victory is often shaped by your natural inclination to reduce conflict and increase cooperation.

COMPETITION + EMPATHY

When you win, you embrace the thrilling joy that comes with victory. And when you lose, you experience the painful agony of defeat.

COMPETITION + LEARNER

You like contests where you compare your performance with that of others, but you get bored if you never try a new contest.

COMPETITION + ACHIEVER

Your drive to complete things comes from within, and your drive to win comes from comparing yourself with those around you.

Apply Your Competition to Succeed

Identify scores against which you can measure your achievements.

- Measure your success in your most important tasks. Ask those around you for feedback to ensure you are not sacrificing relationships for the sake of winning.
- Find someone you admire to use as a standard for success. Comparing your progress against theirs will give you a measurement for winning you can be proud of.



RELATIONSHIP BUILDING

3. Empathy®

What Is Empathy?

People with strong Empathy talents can sense the emotions of those around them. They can feel what others are feeling as though the emotions were their own. They intuitively see the world through others' eyes and share their perspectives. They perceive people's pain or joy, sometimes before it is even expressed. Their instinctive ability to understand is powerful. They can hear unvoiced questions and anticipate needs. Where others grapple for words, they seem to find the right things to say and strike the right tone. As a result, they help people express their feelings — to themselves as well as to others. They help people give voice to their emotional lives.

Why Your Empathy Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Harmony

Competition

Empathy

Learner

Achiever

Driven by your talents, you normally are aware of your feelings and of those of the people closest to you. Sometimes this gift enables you to ask the right questions at the right time for the right reasons. Perhaps you figure out the best way to tell certain individuals, "I really and truly value you."

It's very likely that you are fairly intuitive about others' emotions, but you may also try to learn more through conversation. You don't mind talking about feelings, and you often support others by acknowledging that you listened and understood what they said.

Instinctively, you might be sympathetic to the idea that no monetary reward can buy you or anyone else contentment, peace, or a sense of personal well-being.

Because of your strengths, you may derive pleasure from opening people's eyes to their own value or moments of excellence. Perhaps you notice this is a gift you have that others lack. As a result, you occasionally feel impelled to use it.

By nature, you may be the team member who pays close attention to what others say.



- 1. Harmony
- 2. Competition
- 3. Empathy**
- 4. Learner
- 5. Achiever

How Empathy Blends With Your Other Top Five Strengths

EMPATHY + HARMONY

Expressing emotions is natural and good. If strong emotions get in the way of group progress, you can manage them and reduce tension.

EMPATHY + COMPETITION

When you win, you embrace the thrilling joy that comes with victory. And when you lose, you experience the painful agony of defeat.

EMPATHY + LEARNER

You have an open mind that is receptive to new concepts and an open, expressive heart that is receptive to emotion.

EMPATHY + ACHIEVER

Your drive to get things done and produce results is always influenced by your awareness and expression of emotion.

Apply Your Empathy to Succeed

Help people be more sensitive to others' feelings.

- Help your people be more aware when someone is having a difficult time. Remember, most people do not have your ability to pick up on sensitive situations.
- Give a voice to people's emotions. When you notice that someone has a feeling they are not expressing, create space for them to share so that they can be fully heard in the moment.



STRATEGIC THINKING

4. Learner®

What Is Learner?

People with strong Learner talents constantly strive to learn and improve. The process of learning is just as important to them as the knowledge they gain. The steady and deliberate journey from ignorance to competence energizes Learners. The thrill of learning new facts, beginning a new subject and mastering an important skill excites people with dominant Learner talents. Learning builds these people's confidence. Having Learner as a dominant theme does not necessarily motivate someone to become a subject-matter expert or strive for the respect that accompanies earning a professional or academic credential. The outcome of learning is less significant than the "getting there."

Why Your Learner Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Harmony

Competition

Empathy

Learner

Achiever

It's very likely that you capitalize on your ability to ask questions and listen to people's answers, especially when meeting strangers or newcomers. You might even be tempted to eavesdrop on what they are telling someone else. Not wanting anyone to feel like an outsider, you are apt to draw individuals into the conversation. Unquestionably, you search for reasons to involve them in your own or the group's activities.

Driven by your talents, you long to know more so you remain on the cutting edge of your field or areas of interest. Your inventive mind usually generates more possibilities than you can handle or fund. Nonetheless, you are committed to acquiring knowledge and/or skills. You study everything involved in a situation and conceive entirely new ways of seeing or doing things. What you already know prompts you to ask questions and delve even deeper into a subject or problem.

By nature, you might feel a special bond with people who lived in the past as well as those living in the present. Occasionally you examine historic records, research genealogy, visit prominent sites, or view museum artifacts. Perhaps doing these things in the company of like-minded people delights you.

Chances are good that you read to acquire new information or to collect insights about unique discoveries, events, or people. Characteristically you conduct an in-depth examination of a subject. Your curiosity is not easily satisfied. Frequently you rely on books, publications, or printed materials to deepen your understanding of the topic.

Instinctively, you may adopt a more favorable outlook on life when you can identify the conditions that produced certain outcomes. Perhaps you need to know why something did or did not happen. You might be impelled to examine some of the details of specific events, processes, programs, or mechanisms.



- 1. Harmony
- 2. Competition
- 3. Empathy
- 4. Learner**
- 5. Achiever

How Learner Blends With Your Other Top Five Strengths

LEARNER + HARMONY

You believe the best educational environments are those characterized by conceptual variety and emotional stability.

LEARNER + COMPETITION

You like contests where you compare your performance with that of others, but you get bored if you never try a new contest.

LEARNER + EMPATHY

You have an open mind that is receptive to new concepts and an open, expressive heart that is receptive to emotion.

LEARNER + ACHIEVER

When you're working on a task, you really want to get it done. When you're exposed to something new, you really want to understand it.

Apply Your Learner to Succeed

Develop expertise in areas that interest you the most.

- Regularly study new topics and skills. Challenge yourself to learn about complex ideas, programs or experiences others might not want to explore.
- Refine how you develop your expertise. For example, you might learn best by beginning a new project; if so, find new tasks or projects to start. Or you might learn best by teaching; if so, find ways to present to others.



EXECUTING

5. Achiever®

What Is Achiever?

Achievers have a constant need for attainment. They have an internal fire burning inside them. It pushes them to do and achieve more. People with strong Achiever talents feel as if every day starts at zero. By the end of the day, they must accomplish something meaningful to feel good about themselves. And “every day” means every single day: workdays, weekends, holidays and even vacations. If the day passes without some form of achievement, no matter how small, Achievers feel dissatisfied. After finishing a challenging project, they rarely seek with a reward of a rest or an easy assignment. While they appreciate recognition for past achievements, their motivation lies in striving toward the next goal on the horizon.

Why Your Achiever Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Harmony

Competition

Empathy

Learner

Achiever

By nature, you probably have a reputation for applying yourself to your work for many hours at a time. Your teammates likely realize you are capable of working all day or through the night when you must complete job-related tasks, household chores, or academic assignments.

Because of your strengths, you typically immerse yourself in intense activities. Preferring a fast pace, you thrive on excitement. You appreciate being surrounded by like-minded individuals. They motivate you to expend even more energy accomplishing whatever needs to be done. You stay busy and work hard whenever it is necessary.

It's very likely that you concentrate for extended periods of time. This is one reason why you ultimately master skills and grasp concepts.

Driven by your talents, you examine documents, read books, listen to lectures, or research subjects to help people find the information they need. This means you spend hours, days, weeks, or even months expanding your knowledge base. In the process of assisting another person, you generally move closer to your own goals.

Instinctively, you are scholarly, especially when you have an important goal to reach. You are willing to examine relevant topics for extended periods of time. You are determined to satisfy your need for knowledge as well as your desire to make measurable progress.



- 1. Harmony
- 2. Competition
- 3. Empathy
- 4. Learner
- 5. **Achiever**

How Achiever Blends With Your Other Top Five Strengths

ACHIEVER + HARMONY

You improve a team's productivity by working hard to manage the emotional tension that exists on every team.

ACHIEVER + COMPETITION

Your drive to complete things comes from within, and your drive to win comes from comparing yourself with those around you.

ACHIEVER + EMPATHY

Your drive to get things done and produce results is always influenced by your awareness and expression of emotion.

ACHIEVER + LEARNER

When you're working on a task, you really want to get it done. When you're exposed to something new, you really want to understand it.

Apply Your Achiever to Succeed

Use a scoring system to keep track of all achievements.

- Display metrics that matter in a place where you can see them often. The visual measurement of your productivity will encourage you to keep making progress toward your goals.
- Put personal achievements on your scoring system. This will help you direct your busy energy toward family and friends and work.

What's Next?

Take these steps to start unlocking your full potential using your CliftonStrengths.



Learn to Use Your Dominant Strengths

Read about each of your top five CliftonStrengths in this report and reflect:

- What did you read that **inspires** you?
- What did you read that **surprises** you?
- What did you read that **excites** you?
- What did you read that **challenges** you?

Click [here](#) or scan the QR code to complete the following exercise for each of your top five CliftonStrengths:

Name It

- Pick one of your top CliftonStrengths.
- List the words or phrases you read about this strength that resonate strongly with you.

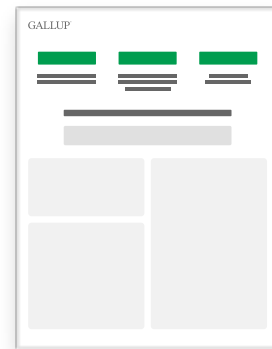
Claim It

- When has this strength helped you be successful in the past?
- How does this strength help you be successful in your role?

Aim It

- In what two ways could you start using this strength more intentionally right away?

Hint: Read the action items in this report and on your my.gallup.com dashboard for ideas.



[Click to View Activity](#)



Use Your Resources in Gallup® Access



Our dedicated platform is focused on helping you fulfill your potential using your CliftonStrengths.

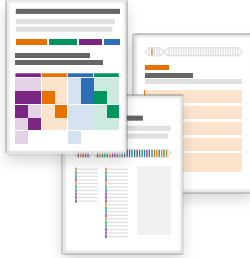
Click [here](#) or scan the QR code to sign in to your my.gallup.com account.

Inside, you'll find articles, videos, learning modules and other tools created specifically for your strengths-based development.



Explore All 34 of Your CliftonStrengths®

Already have your CliftonStrengths 34 report? Great! Take some time to explore your full results.



If you don't have it yet, [click here](#) or scan the QR code to learn how your CliftonStrengths 34 report can help you:

- reveal your complete talent profile of 34 CliftonStrengths
- learn how to use your top 10 CliftonStrengths to set and achieve goals
- navigate your 11-34 CliftonStrengths, including understanding and managing weaknesses

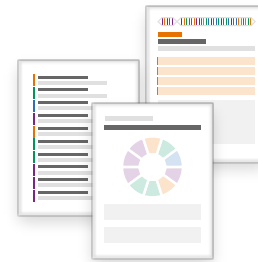


Apply Your CliftonStrengths® in Specific Roles

Take time to explore any role-based CliftonStrengths reports you already have.

If you don't have any, [click here](#) or scan the QR code to browse a range of reports tailored to specific roles and responsibilities.

We offer a suite of reports designed to help you use your CliftonStrengths to excel in various areas, whether it's in management, leadership or even as a student.



Engage in a Conversation About Your CliftonStrengths®



Share your CliftonStrengths results with the people closest to you, including your family, friends, coworkers and teammates.

Spend time talking about your CliftonStrengths with a coach, manager, mentor or adviser — someone invested in your personal and professional development.

[Click here](#) or scan the QR code for helpful ways to share and discuss your CliftonStrengths with others.

COPYRIGHT STANDARDS

This document contains proprietary research, copyrighted and trademarked materials of Gallup, Inc. Accordingly, international and domestic laws and penalties guaranteeing patent, copyright, trademark and trade secret protection safeguard the ideas, concepts and recommendations related within this document.

The materials contained in this document and/or the document itself may be downloaded and/or copied provided that all copies retain the copyright, trademark and any other proprietary notices contained on the materials and/or document. No changes may be made to this document without the express written permission of Gallup, Inc.

Any reference whatsoever to this document, in whole or in part, on any webpage must provide a link back to the original document in its entirety. Except as expressly provided herein, the transmission of this material shall not be construed to grant a license of any type under any patents, copyright or trademarks owned or controlled by Gallup, Inc.

Gallup®, CliftonStrengths®, Clifton StrengthsFinder®, StrengthsFinder® and each of the 34 strengths theme names are trademarks of Gallup, Inc. All rights reserved. All other trademarks and copyrights are the property of their respective owners.